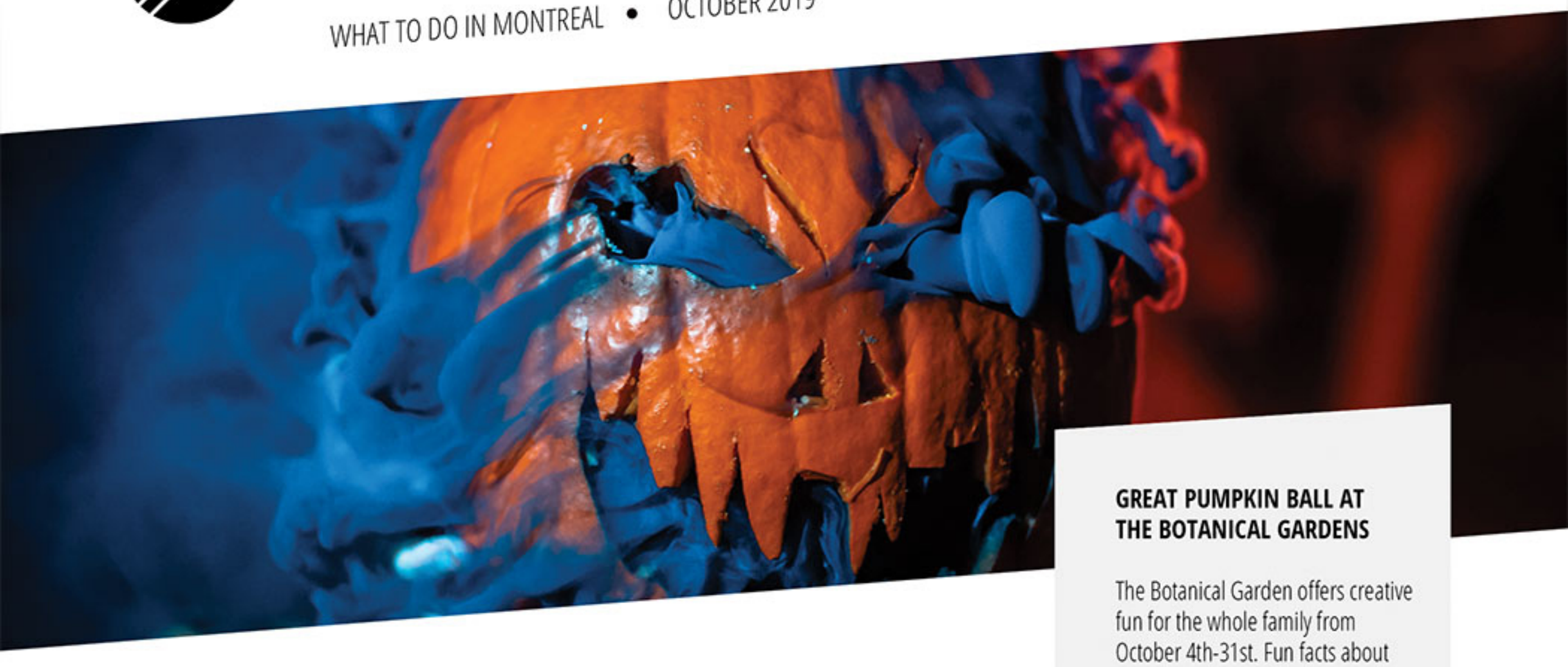
ÉPIK CONCIERGE

WHAT TO DO IN MONTREAL • OCTOBER 2019



GREAT PUMPKIN BALL AT THE BOTANICAL GARDENS

The Botanical Garden offers creative fun for the whole family from October 4th-31st. Fun facts about squash, and over 800 decorated gourds can be seen when you visit.

FESTIVAL DU NOUVEAU CINEMA

Exciting talent and new technologies take over the big screen from October 9-19th. Films of all genres can be viewed, making it easy to find something for everyone.

FRIGHT FEST AT LA RONDE

La Ronde, Montreal's amusement park, gets into disguise to spook the public from October 5-27th. Evening events, haunted houses, and ghoulish characters will all be around to scare.

L'OFF JAZZ

Mostly organized by local artists, the festival is in full swing from October 3rd-12th for its 20th edition. Over 120 musicians from near and far will play at venues around the city.

MALEFYCIA & HAUNTED GHOST TOURS

Game for a horror spectacle or a haunted tour of Old Montreal? Ask the front desk for all the gory details. Both events run all of October on specific days.

CARMINA BURANA BALLET

The famous ballet comes to the stage from October 3rd-19th, celebrating hope, love, and human life.

Bonaparte Restaurant

SHOPPING

Espace Pepin
Chic and simple household products promoting local and ethical creations.

Aesop
Quality body care products made from herbal ingredients with exquisite fragrances.

Ssense
A large selection of designer clothing for men and women.

Marché Bonsecours
Historic public market with a dozen boutiques featuring "made in Québec" creations.

Blue Cashmere Alice Sweater
by Gauge 81 at Ssense

RESTAURANTS & CAFÉS

Bonaparte
Traditional French cuisine excellence.
One of Montreal's top 10 restaurants on TripAdvisor.

Épik
Enjoy creative dishes with Italian inspiration in a stylish and laid back ambiance.

Maison Christian Faure
Culinary savoir-faire that will awaken your taste buds and appease the soul.

Crew Café
Stop in for a coffee and marvel at a relic of Montreal architecture.

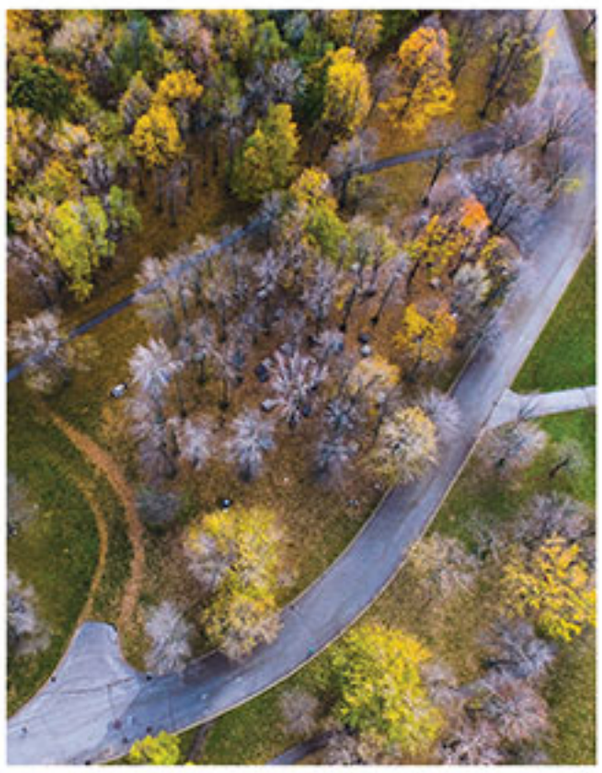
CULTURAL FREE FOR ALL

Museum of Fine Arts
Under 21? Fill your young mind with inspiring art, the museum is free for you.

Belgo Building
Explore six floors of artistic talent near Place des Arts.

Parks
Walk through one of Montreal's many parks to see the fall colours.

Jardins Gamelins
A cultural and festive space, hosting free daily activities and events for all.



Mont-Royal & Lafontaine are great parks
for an Automn stroll.

LIFESTYLE

Bota Bota
Historic river ferry turned upscale "floating spa".

Beauties Lab
A space where eco-conscious beauty and skin care intersect.

Belgard
The premiere male grooming lounge in Old Montreal.

Spa Scandinave
Traditional therapy for modern tensions with relaxing baths and massages.