



ÉPIK CONCIERGE

WHAT TO DO IN MONTREAL • MAY 2019

SALSA CONVENTION

Get on your dancing shoes for the Salsa Convention from May 16th to 20th. This event brings together Latin music and culture for a lot of fun on the dance floor!



FESTIVAL TRANSAMÉRIQUES

From the 22nd of May until the end of the month, the Festival TransAmériques will present various shows of theatre and dance, with a look at current politics and society.

LE MONDIAL DE LA BIÈRE

From the 22nd to 25th the beer tasting event of the year, Le Mondial de la Bière, is hosting hundreds of international and local brewers and producers.



FREE MUSEUM DAY

On Sunday May 26th, thirty museums will be open for free to the public. Shuttles will be available to transport visitors between museums.

CHROMATIC

Chromatic Festival happening from May 10th to the 17th, promotes artists and creative projects through concerts, exhibitions and workshops. See you at USINE C for the 10th edition.

ACCESS ASIA

Festival Acces Asia is dedicating the entire month of May to Asian heritage in Canada. A wide program of performances, music, visual arts, dance and film will celebrate Asian cultural richness.



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171 Saint-Paul West 1 877.841.2634



SHOPPING

Espace Pepin

Chic and simple household products promoting local and ethical creations.

Aesop

Quality body care products made from herbal ingredients with exquisite fragrances.

Ssense

A large selection of designer clothing for men and women.

Marché Bonsecours

Historic public market with a dozen boutiques featuring "made in Québec" creations.



Ursula jumpsuit by APC at Ssense

RESTAURANTS & CAFÉS

Bonaparte

Traditional French cuisine excellence. One of Montreal's top 10 restaurants on TripAdvisor.

Épik

Enjoy creative dishes with Italian inspiration in a stylish and laid back ambiance.

Maison Christian Faure

Culinary savoir-faire that will awaken your taste buds and appease the soul.

Au Festin de Babette

Warm yourself up with one of the many decadent hot chocolates as you explore the city.

Crew Café

Stop in for a coffee and marvel at a relic of Montreal architecture.

CULTURAL FREE FOR ALL

Montreal parks

Explore the parks around the city and the various trails and viewpoints as the seasons begin to change.

Phi Foundation

Art center offering contemporary art exhibits in two historical buildings.

Belgo building

A six-storey building in the Quartier des spectacles district, housing over twenty art galleries as well as artist workshops and dance studios.



Yoko Ono exhibition at the Phi foundation.

LIFESTYLE

Bota Bota

Historic river ferry turned upscale "floating spa".

Fanny of Westmount

An oasis of sophisticated health and beauty for men and women.

Belgard

The premiere male grooming lounge in Old Montreal.

Spa Scandinave

Traditional therapy for modern tensions with relaxing baths and massages.