



ÉPIK CONCIERGE

WHAT TO DO IN MONTREAL • SEPTEMBER 2018



GARDENS OF LIGHT

The Botanical Garden shines with its annual light festival, illuminating the Chinese, Japanese and First Nations Gardens. Lanterns and projections will be the stars of the show as you journey through the pavilions.

Begins September 7th



FESTIVAL QUARTIER DANSES

This contemporary dance festival exposes traditional and avant-garde forms of creative expression. Choreographic performances, installations, workshops and more are centre stage as dance is made accessible to all.

September 5 to 15th



YUL EAT

The 5th edition of this food festival will wow your taste buds as local products are showcased throughout the city.

September 10 to 16th

LE FESTIVAL
YULEAT

WORLD PRESS PHOTO

The Marché Bonsecours hosts this yearly photography contest as it makes its way around the globe. Photojournalism and a wide range of captivating and thought-provoking images are exhibited.

All of September



POP MONTREAL

This music and arts festival brings together independent artists for a number of events displaying new talents. Along with an abundant variety of music, the schedule also includes film projections, an artisanal market and conferences.

September 26 to 30th

Suivez-nous pour plus d'idées



171 Saint-Paul Ouest 1 877.841.2634



Restaurant Épik

SHOPPING

Pepin Shop
Chic and simple household products promoting local and ethical creations.

Aesop
Quality body, skin and hair care products made from herbal ingredients with exquisite fragrances.

Ssense
A large selection of designer clothing for men and women.

Marché Bonsecours
Historic public market with a dozen boutiques featuring "made in Québec" creations.



Circular blouse by Issey Miyake at Ssense

RESTAURANTS

Bonaparte
Traditional French cuisine excellence. One of Montreal's top 10 restaurants on TripAdvisor.

Épik
Enjoy creative dishes with Italian inspiration in a stylish and laid back ambiance.

Maison Christian Faure
Culinary savoir-faire that will awaken your taste buds and appease the soul.

Modavie
Wine bar with live music and an old-timey jazz vibe.

L'Arrivage
Open every day for lunch, this bistro at the top of Pointe à Callière Museum offers a nice view of the port.

CULTURAL FREE FOR ALL

Marché des Éclusiers
Hosting a farmer's market on Thursdays and Saturdays, this waterfront spot is great for a quick bite or a relaxing afternoon.

Village au Pied du Courant
This pop-up village by the bridge holds weekly activities and events, filled with music, food and fun!

DHC Art
Art center offering contemporary art exhibits in two historical buildings.

Cité Mémoire
Cinematic projections throughout Old Montreal with a historical theme. Wed to Sat, sundown to 11:00PM.



Village au Pied du Courant until September 15th

LIFESTYLE

Bota Bota
Historic river ferry turned upscale "floating spa".

Fanny of Westmount
An oasis of sophisticated health and beauty for men and women.

Belgard
The premiere male grooming lounge in Old Montreal.

Spa Scandinave
Traditional therapy for modern tensions with relaxing baths and massages.